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# Metas (Spanish Edition)



## Synopsis

La cualidad más importante para alcanzar el Éxito auténtico y duradero radica en el hábito de actuar de acuerdo con objetivos claramente establecidos. En *Metas*, el reconocido consultor y autor Brian Tracy nos proporciona un método basado en más de veinte años de experiencia e investigación para determinar y conquistar nuestros objetivos, y como consecuencia, lograr una vida personal y profesional plena de Éxito. Con excesiva frecuencia no reconocemos la importancia de establecer unos objetivos claros: o no sabemos cómo hacerlo o por miedo al fracaso no nos marcamos unas metas más ambiciosas. Tracy nos enseña a reforzar la confianza en nosotros mismos, abordar todos los problemas y obstáculos con eficacia, superar las dificultades, responder a los desafíos y continuar avanzando hacia las metas que nos hemos propuesto. Ocurre muchas veces que al planificar nuestro futuro ponemos demasiada atención en lo que queremos evitar. Esto tiene ciertas ventajas, pero no nos lleva a ninguna parte. *Metas* le ayudará a convertir sus objetivos en una constante en su vida y a concentrarte en todo aquello que realmente quiere conseguir.

## Book Information

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## Customer Reviews

This Spanish version is a very concise guide of practices useful for improving personal and business relationships with Spanish-speaking people.

i love this book, each chapter is so clear ,It is an easy book to read and understand. I think many

people should read in order to achieve your goals.

the best book of this kind I will highly recommended I will read it probably every year for at least the next 10 years, that's how good this book is

Great book!!Very Important tool to make money for life.Planning is the key in business and social life.Buy it!!!

Totalmente recomendado, para tomar conciencia de la importancia de la fijarse metas en la vida (trabajo y vida personal)

Encuentra el norte de tu vida, hallale sentido a todo lo que haces y proponte metas claras. Enfocate en tus metas !!!

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